

Green Life Nutritional Formula I
Product Fact Sheet
To Rejuvenate

Ingredients: Spirulina, Wheatgrass, Lecithin, Psyllium Husk

Nutritional contents: Wheatgrass, spirulina, lecithin, psyllium husk, Vitamins A, B1, B2-folic acid, B3-Chlorine, B5-inositol, B6, B17, (the entire B complex), Vitamin C, manganese, sodium, zinc, phosphorus, selenium, cobalt, sulfur and trace minerals, vegetarian iron, vegetarian protein.

Benefits: This formula is an excellent source of vitamins and minerals that are needed everyday. This formula when mixed with water, juice, or added to a smoothie provides the body with a natural source of energy. It also aids in the rejuvenation of cells, is good for high blood pressure, depression, fatigue, dizziness, fainting, headaches, and strengthening the blood and bones. It also aids in weight loss.

A closer look at Spirulina: Spirulina is a blue-green sea algae that grows in salty lakes in Africa and Mexico, spirulina contains B vitamins, beta carotene, calcium, iron, magnesium potassium, manganese, and zinc, dried spirulina is high in protein, spirulina activates the immune, counters allergic reactions, helps to protect the liver from toxic chemicals, reduces blood pressure and helps to control ulcers.

A closer look at Wheatgrass: Wheatgrass can be grown almost anywhere including your own home. Wheatgrass in its liquid form has many benefits. When it is liquefied it is broken down into seventy percent chlorophyll, which is light energy. Wheatgrass increases stamina, reduces cravings, improves fertility, aids digestion and tissue regeneration. It is good for cleaning acne and scars. It helps purify the liver, neutralizes toxins in the body and heals and detoxifies colon walls and internal organs. It also reduces blood pressure and enhances capillaries, thereby improving blood circulation and cleansing the blood and body. It is also good for teeth, gums, and neutralizing body odors and freshening the breath. For women, wheatgrass helps eliminate parasitic vaginal infections of the uterine cervix. Wheatgrass has vitamins A,B,C, E, and K as well as enzymes, glucose, iron, potassium, magnesium, calcium, selenium, and zinc. Wheatgrass also has a course of eight essential amino acids, making it a good source of protein. It is to be taken 3x a day for vitality, mental clarity, rejuvenation, immune boosting and weight loss.

A closer look at Lecithin: Lecithin is often manufactured from soy and is often used as a food additive. Lecithin aids in proper brain function and is a remedy for depression, Alzheimer's and Tourettes Syndrome. Lecithin aids in proper nerve functions and helps treat the liver.

A closer look at Psyllium Husk: Psyllium Husk is native to North Africa, India, and Iran. It is derived from a seed known as flea wort or fleaseed. When applied topically it can treat skin irritations such as poison ivy, insect bites, stings, and rashes. When ingested, psyllium aids in relieving constipation and diarrhea as well as bladder problems, high blood pressure, urinary tract infections, ulcers, dysentery, colitis, and rheumatism. Psyllium lowers blood cholesterol and pressure levels, helping to prevent heart disease, diabetes, and hypoglycemia. Because of the way psyllium reacts with the body, it gives you a feeling of fullness, which can reduce overeating and thus aid in weight loss.

Green Life Formula Directions:

Green Life for Liquid Breakfast: To be taken 30 minutes before solid breakfast meal. Blend 1-2 tablespoons of Green Life Formula, with 8-12 oz. of fresh fruit juice or water.

Green Life for Liquid Lunch: Blend together two tablespoons of Green Life Formula, with 12-16oz. of fresh pressed vegetable juice: broccoli ½ cup, kale ¼-1/2 cup, cucumber ½-1 whole, celery 2 stalks, turnips ½, chard ½ cup, scallion (2), parsley ½ bunch, beets ½, cabbage, string beans ½ cup, ½ bitter lemon and 16oz. water.

Green Life for Liquid Dinner: Blend together two tablespoons of Green Life Formula, 12-16oz. of fresh pressed vegetable juice, broccoli ½ cup, kale ¼-1/2, cucumber ½-1 whole, celery (2), turnips 1/2, chard ½ cup, scallion (2), parsley ½ bunch, beets ½, cabbage, string beans ½ cup, bitter lemon ½, and 16 oz. water

Retail Price 8oz. \$24

